



GROUNDING & PRACTICING Becoming a stronger vehicle for Spirit

4-evening class
March 11, 18, 25 and April 1
7-9pm
in Cornville, AZ
\$10 per class

This class series will be a venue for practicing the techniques we have covered in the last two classes: “*Initiating the Healing Flow*” and “*Clairvoyance – Exploring the Channeling Space*”. But as we have empathized over and over again through these series, true Groundedness is an essential state of being that makes for effective channels/conduits for Divine energy. Every class will therefore start off with a grounding exercise before we dive into practicing on each other.

This class is open for everybody. All of us can benefit from centering in groundedness, so that part of the class we will all be on the same page. This might be a little different when it comes to practicing the techniques we have been teaching in previous classes. If you are new, you can choose to be on the receiving end only, or jump in and give it a try. (We have to emphasize here that the techniques are just a framework for the space you are really practicing to open up to.)

So, come with a willingness to share an openhearted space with others equally fascinated about exploring Self as a channel for energy/Spirit...!



Teachers:

Lin David Martin

Trance Channel, Healer, Clairvoyant and Author

Torill Elen Roennekleiv

Intuitive, Healer and Alexander Technique Teacher

Register with Lin & Torill at: 928-634-1345

For more information on the teachers, please visit:

www.LinDavidMartin.com

www.Connecting-Heaven-and-Earth.com