



CORNVILLE, AZ

4-evening class
Wednesdays,
February 11, 18, 25,
& March 4 2009
7-9pm
\$10 per class

The Intuitive Self **Meditation & Clairvoyance...** Opening to Deeper Awareness



Teachers:

Lin David Martin

Trance Channel, Healer, Clairvoyant and Author

Torill Elen Roennekleiv

Intuitive, Healer and Alexander Technique Teacher

Our focus in these classes is to give you the opportunity to explore both several approaches to meditation and your intuitive faculties - in an energetically heart centered and supportive atmosphere. We will be guiding you through various energetic exercises to initiate opening the flow and still the (critical) mind... getting more attuned to the Higher Self and Spirit.

***Meditation** provides a foundation for Self-insight and deeper levels of Trust. The potential is great. Simplicity is often the key.*

***Clairvoyance, Clairaudience and Clairsentience** are all natural faculties of our intuitive self. The terms are French and carry the meanings of clear seeing, clear hearing and clear feeling/knowing. We are all more or less functioning on these subtle levels throughout our lives, whether we acknowledge it or not.*

Our make-up as human beings is so much more than we can perceive with our physical senses. The nature of our

beingness is so grand that we mostly just grasp the smallest glimpses of our true potential.

In a deep quite moment of channeling healing energy, focusing on meditation or seeking guidance, an amazing amount of knowledge and insight may be brought into focus - as a Divine Gift.

*The important point is to learn to work with our individual talents: **to allow a trust to develop in the quality of the energy of Spiritual Presence.***

We all desperately need to touch this greater Joy and allow our Hearts more openness.

Register with Torill & Lin at: 928-634-1345

For more information on the teachers:

www.LinDavidMartin.com

www.Connecting-Heaven-and-Earth.com